

I am going ice skating. This activity might be new. I might need help. At the rink I will put ice skates on. When I stand on my skates I may fall. can use a skate trainer on the ice to help me skate. There may be a lot of people. I will take my time. If I fall I will try to stand up. When I am done skating I will take off my ice skates and put them away. It is fun to try a new activity and it is okay to accept help from others.